



Healthy Relationships Series

In collaboration with Planned Parenthood of Southern New England and DDS Self Advocate Coordinators; the Healthy Relationship Series will be held in the North Region. The Relationship series is a 6 session course dedicated to the topic areas of making, developing, and maintaining healthy relationships. Consumers must participate in all 6 sessions. The first session of the series will include an overview of the material to be covered. Support staff should plan on attending and participating in the first session. This will assist everyone in knowing what to expect in the series.

The West Region Series will be held in the three DDS offices. Danbury, 400 Main St. Cheshire, 25 Creamery Rd. and Stratford, 300 Armory Rd. from 4:30pm to 7:30pm On the following dates:

- 1) **Danbury Office**, 1st fl. Conference Room
October 10th, 17th, 21st, 24th, 28th, 31st
Back-up date, November 4th
- 2) **Stratford Office**, Training Room
March 3rd, 6th, 10th, 13th, 17th & 20th
Back-up dates, 24th & 27th
- 3) **Cheshire Office**, Training Room
May 19th, 22nd, 26th, 29th, June 2nd, 5th and
Backup date, June 9th

**Sign Up
Early !**

*Please complete the attached application. Referrals are REQUIRED to participate in the series. Send to Sandi Geer at: sandi.geer@ct.gov or rightfax to: [860-622-4917](tel:860-622-4917).

(25 participants maximum) – Spanish/English Translation services available.

Potluck!

*Each session will feature a potluck dinner. Participants will be asked to bring a healthy dish to share.

